## Heated Moments and More

By: Ava Zukowski, Caroline Arnold, and Bella Palermo



## Introduction:

- Heated moments are a common, shared experience
- Main focus: arguments, heated moments, ill feelings, and/or miscommunication
- Arguments are complex → can feel contrasting emotions before, during, or after
- Each chosen haiku depicts a different timeframe or feeling



your eyes after the argument heat lightning

Angie Hawk, MU Haiku, 23

after the fight rain pattering on the porch steps

April M. Brislen, MU Haiku, 27

humid night you take my hand off of your thigh

Brian Rhode, MU Haiku, 37

lost argument dad mows around the dandelions

Sarah Knutilla, MU Haiku, 161

front cover held together by tape wedding book

Terry Mallory, MU Haiku, 171

starry night another translation lost between us

Whitney Minor, MU Haiku, 177



## forehead bulging I avoid his eyes

after an argument my fists still clenched

suffocating
we tiptoe
around each other

expletives patiently wait on my tongue
I remain silent

separate rooms deep breaths spring rain shower

Bella Palermo

rock paper scissors lost two of three dog puke

Bella Palermo

the once burning candle only vapor now separate rooms

Bella Palermo

stoke the fire shouting match ignited again

**Caroline Arnold** 

last straw final words covered by the slam of a door

**Caroline Arnold** 

up in arms
pulling tooth and nail
resolved by rock paper scissors

**Caroline Arnold** 

## **Overview:**

- Haiku can focus on a wide range of feelings and situations and is not only limited to a certain narrative
- These haiku about arguments/confrontation let us fill in the gaps of what we interpret the argument to be
- By filling in the gaps, we are allowed to personally process the haiku, which could lead to further revelations
- Encourages mindfulness; moves emotionally tense moments into calm